

Table 1. Recommended Edible Plants for Year-Round Flowering and Fruiting

Plant Name Common Name <i>Scientific Name</i>	Winter			Spring			Summer			Fall		
	Wildlife	Edible	Color	Wildlife	Edible	Color	Wildlife	Edible	Color	Wildlife	Edible	Color
Trees												
American persimmon <i>Diospyros virginiana</i>	bird	fruit		bees		flower				bird	fruit	fall color
Apple <i>Malus domestica</i>				yes		flower				yes	fruit	
Asian pear <i>Pyrus pyrifolia</i>				yes		flower				yes	fruit	
Asian persimmon <i>Diospyros kaki</i>	bird	fruit		yes		flower				yes	fruit	fall color
Black walnut <i>Juglans nigra</i>				yes		flower				yes	nut	fall color
Chinese chestnut <i>Castanea mollissima</i>				yes		flower	yes			yes	nut	fall color
Chickasaw plum <i>Prunus angustifolia</i>				yes		flower	yes	fruit				
Common pear <i>Pyrus communis</i>				yes		flower	yes			yes	fruit	fall color
Fig <i>Ficus carica</i>						minute flower		fruit	green to bronze fruit			
Japanese plum <i>Prunus salicina</i>				yes		flower	yes	fruit	purple to red skin			
Nectarine <i>Prunus persica</i> var. <i>nucipersica</i>				yes		flower	yes	fruit	yellow or white flesh			
Pawpaw <i>Asimina triloba</i>						flower					fruit	

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Peach <i>Prunus persica</i>				yes		flower	yes	fruit	white or yellow flesh			
Red mulberry <i>Morus rubra</i>				yes		flower	yes	fruit	red to black fruit			
Pecan <i>Carya illinoensis</i>				yes		flower	yes			yes	nut	brown nut
Shrubs												
Blueberry <i>Vaccinium corymbosum</i>				yes		flower	yes	fruit		yes		
Chinquapin <i>Castanea pumila</i>				yes		flower	yes			yes	nut	brown nut
Raspberry <i>Rubus idaeus</i>				yes		flower	yes	fruit		yes		
Ground Covers												
Strawberry <i>Fragaria x ananassa</i>				yes		flower	yes	fruit				
Watermelon <i>Citrullus lanatus</i>				yes		flower		fruit				
Vines												
Grape <i>Vitis rotundifolia</i>							yes		flower	yes	fruit	green to purple fruit
Kiwi <i>Actinidia chinensis var. deliciosa</i>							yes		flower	yes	fruit	green to brown skin

See NC State Extension publication [AG-883, Growing Edibles in the Landscape](#), for additional information.